

WE ASKED, YOU ANSWERED


We surveyed our community about their experience with celiac disease and the gluten-free diet. 1,532 people responded. Some answers may surprise you.



How often do you think you get glutened?

44% at least once per month

18% not sure (could be asymptomatic or not sure of cause of symptoms)




If there were a drug to treat celiac disease, would you take it?

9% no

30% yes

61% it depends



Do you have a kitchen with both gluten-free and gluten foods?

68% yes

Q. What do you miss the most about life before your celiac disease?

A. freedom, spontaneity, eating out, socializing, convenience

Do you ever intentionally eat gluten?

12% at least some of the time



Have you ever sacrificed a life experience because you would have to explain your gluten-free needs and/or celiac disease?

49% yes **45%** no



Do you have a kitchen with both gluten-free and gluten foods?

68% yes

Do you ever get concerned or embarrassed about eating in front of other people?

57% sometimes

11% always



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