

Celiac disease is a serious genetic autoimmune disease that damages the villi of the small intestine and interferes with absorption of nutrients from food.

- An estimated 1 in 133 Americans, or about 1% of the population, has celiac disease.
- Celiac disease can affect men and women of all ages and races.
- It is estimated that 83% of Americans who have celiac disease are undiagnosed or misdiagnosed with other conditions.
- 6-10 years is the average time a person waits to be correctly diagnosed. (Source: Daniel Leffler, MD, MS, The Celiac Center at Beth Israel Deaconess Medical Center)
- Celiac disease can lead to a number of other disorders including infertility, reduced bone density, neurological disorders, some cancers, and other autoimmune diseases. [Learn more about Related Conditions »](#)
- Over a four-year period, people with undiagnosed celiac disease cost an average of \$3,964 more than healthy individuals. (Source: Long et al, 2010)
- Left uncontrolled, a celiac disease patient costs an average of \$18,206 annually, which is 15% more than the average annual all-cause total cost for ulcerative colitis patients. These higher costs are likely due to other diseases that are also present.
- 5-22% of people with celiac disease have an immediate family member (first degree relative) who also has celiac disease.
- There are **no** pharmaceutical treatments or cures for celiac disease.
- A **100% gluten-free diet is the only existing treatment** for celiac disease today.
- 48% of adults (N=27) and 45% of children (N=31) with celiac disease on a long-term gluten-free diet actually inadvertently consumed gluten and had detectable gluten in their urine samples.
- The celiac disease diagnosis rate may reach 50-60% by 2019, thanks to efforts to raise public awareness of celiac disease. (Source: Datamonitor Group, 2009)
- The gluten-free market continues to show steady growth and as of June 2015, was a \$26B market, representing a 12% increase over the previous year. -- Kora Lazarski, SPINS, October 23, 2015

www.BeyondCeliac.org

