Emotional Support for Children

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No Wheat. Now what?
3,000,000 Americans with Celiac Disease.

2,800,000 don’t know they have it!

### Other Disorders with Food Restrictions

- **Allergies**
- **Diabetes**
- **Colitis**
- **GERD**
- **Crohn’s**
- **Eosinophilic Disorders**
- **Autism**

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Our Goal:

50% Physical Safety

50% Emotional Health

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Poor Emotional Health May Lead To:

- Depression
- Anxiety
- High risk behavior
Plan Ahead.
The Art of Substitution.
Inclusiveness
Create a Team.
Have Contingency Plans
Emotional Health