NATIONAL FOUNDATION FOR CELIAC AWARENESS Spook-tacular Gluten-Free Halloween Drinks



With Halloween *c-r-eeeeping* up, it's time to start thinking of spooky drink recipes that will have family and friends screaming in delight. This year, try these tasty gluten-free drinks!



Blood Punch

- . Using a large punch bowl, mix 3 parts of *Cascade Ice* Zero-Calorie Cranberry Pomegranate with 1.5 parts of *Cascade Ice* Zero-Calorie McIntosh Apple.
- 2. Then stir in 1.5 parts cups of grape juice and 2 parts club soda.
- 3. Add in 2 cups of frozen strawberries to complement the flavors and serve away!

The Screamsicle For Mom & Dad Only!

- 1. Mix 6oz *Cascade Ice* Zero-Calorie Orange Mango with 1/2 oz of Orange Vodka.
 - Pour in 2oz of whipped creamflavored vodka in a glass with ice.



Boo-Berry Slushy

- 1. Pour 5oz of *Cascade Ice* Zero-Calorie Blueberry Watermelon and 5oz of *Cascade Ice* Zero-Calorie Cherry Guava Blueberry into a blender, along with a handful of ice.
- 2. Add a cup of blueberries and mix to desired consistency.
- 3. Pour the slushy into a glass and garnish with blueberries or even gluten-free gummy worms!

Learn more about Cascade Ice at www.CascadelceWater.com

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